

## CURRICULUM VITAE

**Name:** **KATHERINE C. WHITEHOUSE, D.O., M.S.**

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**Language skills** English – Mother tongue/native speaker  
French – B2  
Spanish – Basic medical

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### Education:

- 2013-2015 M.S. University of Hawaii, John A. Burns School of Medicine, Honolulu, HI, USA
- Masters of Science in Clinical Research
  - Thesis: "Association between oxytocin use during dilation and evacuation and estimated blood loss" (Defended in June 2015)
- 2005-2009 D.O. Rowan University– School of Osteopathic Medicine, Stratford, NJ, USA (formerly University of Medicine and Dentistry of NJ)
- Coursework abroad: Ireland, England, Cambodia
- 2002 University of Sussex, Falmer, East Sussex, UK
- Spring & summer semesters abroad
- 1999-2003 B.S. University of Maryland, College Park, MD, USA
- Major: Neurobiology & Physiology
  - Coursework abroad: Tropical Biology, Belize

### Postdoctoral Work:

- 2013-2015 Fellowship Family Planning (Abortion & Contraception) University of Hawaii Honolulu, HI, USA
- University of California, San Francisco
- 3 week training in surgical abortion from 20-24 weeks', November 2014
- 2010-2013 Medical Residency Obstetrics & Gynecology Baylor College of Medicine Houston, TX, USA

2009-2010	Medical Residency Intern Year	Obstetrics & Gynecology	University of Connecticut Hartford, CT, USA
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**Positions Held:**

2020-	Head of Clinical Policy & Evaluation	British Pregnancy Advisory Service Stratford-upon-Avon, UK
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2018-2020	Associate Director of Clinical Research & Development
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2017-2018	Consultant	World Health Organization Maternal and Perinatal Health and Preventing Unsafe Abortion WHO Department of Reproductive Health and Research UNDP/UNFPA/UNICEF/WHO/World Bank Special Program of Research, Development and Research Training in Human Reproduction Geneva, Switzerland
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2015-2017	Medical Officer	World Health Organization Maternal and Perinatal Health and Preventing Unsafe Abortion WHO Department of Reproductive Health and Research UNDP/UNFPA/UNICEF/WHO/World Bank Special Program of Research, Development and Research Training in Human Reproduction Geneva, Switzerland
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2013-2015	Clinical Instructor	Department of Obstetrics and Gynecology University of Hawaii, John A. Burns School of Medicine Kapiolani Medical Center for Women & Children Queens Medical Center Honolulu, HI, USA
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2004-2005	Clinical Data Manager for phase IV global, clinical trial on the hepatitis C drugs Pegasys & Ribavirin	Hoffmann-La Roche Pharmaceuticals Nutley, NJ, USA
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2003-2004	Medical Coder Clinical Data Technician	Target Research Associates Phase III and IV clinical drug trials New Providence, NJ, USA
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**Awards & Honors:**

- 2019            *Obstetrics & Gynecology* Roy M. Pitken Award for excellence in research for publication of:  
**Whitehouse KC**, Tschann M, Soon R, Davis J, Micks E, Salcedo J, et al. Effects of Prophylactic Oxytocin on Bleeding Outcomes in Women Undergoing Dilatation and Evacuation: A Randomized Controlled Trial. *Obstetrics and Gynecology*. 2019: 133(3):484-91.
  
- 2018            Society of Family Planning, North American Forum on Family Planning
  - One of top four abstracts of the conference
  - Invited for oral abstract presentation
  
- 2012            Baylor College of Medicine, Resident Research Day
  - 2<sup>nd</sup> place Award: “Sociodemographic factors associated with Pap test adherence and cervical dysplasia in surgically sterilized women”
  
- 2012 &         Baylor College of Medicine, Resident Teaching Award  
2011
  - Medical students voted on best OB/GYN resident teachers each term
  
- 1999-2003    Presidential Scholarship, University of Maryland
  - Based on academic performance in high school
  
- 1999-2001    University of Maryland, College Park Scholars, Life Sciences Program
  - Invited to take part in a two year program focused on the life sciences based on academic achievements

**International Medical Work:**

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|------|--|---------------------------|---|
| 2014 | Population Services International (PSI) & Society of Family Health<br><br>Zambia | Quality Assurance Auditor | Two-week quality assurance audit to monitor PSI-funded Family Planning services program in Zambia.<br>Traveled throughout Zambia to meet with local ministries of health, evaluate and provide feedback on clinical facilities and observe local providers performing: <ul style="list-style-type: none"> <li>• Contraceptive counseling</li> <li>• Postpartum IUDs</li> <li>• Interval IUD insertions &amp; removals</li> <li>• Jadelle implant insertions &amp; removals</li> </ul> |
| 2012 | Himalayan Health Exchange<br><br>Himachal Pradesh, India                         | Women’s Health Provider   | One-month of travel among rural villages in Northern India to provide comprehensive primary care.   |

2008	Sihanouk Hospital for Hope  Phnom Penh, Cambodia	Medical Student Volunteer	<ul style="list-style-type: none"> <li>• Functioned as sole women’s health provider</li> <li>• Supervised medical students</li> </ul> <p>Volunteered for two-weeks at charity hospital in Cambodia in various areas:</p> <ul style="list-style-type: none"> <li>• HIV outreach</li> <li>• HIV colposcopy clinic</li> <li>• Urology procedures</li> <li>• Organization of CME seminar</li> </ul>
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**Activities & Committees:**

2018-2020	London, UK	British Pregnancy Advisory Service Committees (BPAS)	<p>Clinical Advisory Group, chair</p> <ul style="list-style-type: none"> <li>• Selecting/inviting key interdisciplinary stakeholders to the group</li> <li>• Presenting evidence-based clinical guidelines</li> <li>• Integrating feedback from group into clinical practices and protocols</li> </ul> <p>Drugs &amp; Therapeutics</p> <ul style="list-style-type: none"> <li>• Representative of clinical policies</li> </ul> <p>Research &amp; Ethics</p> <ul style="list-style-type: none"> <li>• Ethical reviewer of research projects performed at BPAS</li> </ul>
2014-2015	Washington, DC, USA	Physicians for Reproductive Health	Fellow in the Leadership Training Academy
2014-2015	Honolulu, HI	Graduate Medical Education & Curriculum Development	<p>Family Planning Curriculum for Obstetrics and Gynecology Residents &amp; Medical Students at the University of Hawaii, John A. Burns School of Medicine</p> <ul style="list-style-type: none"> <li>• Leader of Family Planning journal club</li> <li>• Leader of weekly GYN conference</li> <li>• Pre-rotation values clarification</li> <li>• Skill assessment forms</li> <li>• Didactic curriculum</li> <li>• Simulation lab training</li> </ul>

2011	Houston, TX	Resident Representative	Baylor College of Medicine, Center for Globalization, Departments of OB/GYN & Neonatology
2007	St. Louis, MO	Founding Member	American College of Osteopathic OB/GYN, National Student Society
2006-2007	Stratford, NJ	President	Obstetrics & Gynecology Student Interest Group  University of Medicine & Dentistry of NJ – School of Osteopathic Medicine

**Ongoing Research Projects:**

Years	Location PI/Mentor	Project Title
2018-	British Pregnancy Advisory Service	<ul style="list-style-type: none"> <li>• Cochrane review on medical abortion at 13 weeks of gestation and above</li> <li>• Pregnancy and abortion decision-making during the COVID-19 pandemic: a survey</li> <li>• In-depth qualitative interviews to assess service-user perspectives on quality in abortion care</li> <li>• Efficacy of a low-sensitivity urine pregnancy test for identifying ongoing pregnancy after medical abortion at 64 to 70 days of gestation</li> </ul>
2015-	World Health Organization Geneva, Switzerland	<ul style="list-style-type: none"> <li>• Development of a core outcome set in medical and surgical abortion                             <ul style="list-style-type: none"> <li>○ Systematic review</li> <li>○ Qualitative review</li> <li>○ Delphi surveys</li> <li>○ Stakeholder consensus meeting</li> </ul> </li> </ul>

**Grants:**

Principal Investigator: Effects of prophylactic oxytocin on bleeding outcomes in women undergoing dilation and evacuation: a randomized controlled trial. Anonymous Foundation. March 2014. (Awarded \$70,000)

**Publications**

Peer-reviewed

Meurice ME, **Whitehouse KC**, Blaylock R, Chang JJ, Lohr PA. Client satisfaction and experience of home use of mifepristone and misoprostol for medical abortion up to 10 weeks' gestation at British Pregnancy Advisory Service: a cross-sectional evaluation. *Under review*

Anderson CM, BS, Tschann M, **Whitehouse KC**, Soon R, Fontanilla T, Kaneshiro B. Effect of oxytocin on blood pressure during dilation and evacuation procedures at 18-24 weeks gestation. *Under review*

**Whitehouse K**, Kapp N, Morroni C. Medical abortion at 13 weeks of gestation and above (protocol). *Cochrane Database of Systematic Reviews*. 2020. Issue 12. Art. No.: CD013804. DOI: 10.1002/14651858.CD013804.

**Whitehouse K**, Brant A, Sporstol-Fonhus M, Lavelanet A, Ganatra B. Medical regimens for abortion at 12 weeks and above: a systematic review and meta-analysis. *Contraception*.X. 2020: 2:100037.

Ti AJ, Roe, AH, **Whitehouse KC**, Smith RA, Gaffield ME, Curtis KM. Effectiveness and Safety of Extending Intrauterine Device Duration: A Systematic Review. *AJOG*. 2020: 223(1):24-35.e3.

**Whitehouse KC**, Tschann M, Soon R, Davis J, Micks E, Salcedo J, et al. Effects of Prophylactic Oxytocin on Bleeding Outcomes in Women Undergoing Dilation and Evacuation: A Randomized Controlled Trial. *Obstetrics and Gynecology*. 2019: 133(3):484-91.

**Whitehouse KC**, Kim L, Fontanilla T, Tschann M, Soon R, Salcedo, et al, Use of medications to decrease bleeding during surgical abortion: a survey of abortion providers' practices in the United States. *Contraception*. 2018: 97 500-3.

**Whitehouse K**, Tschann M, Davis, J, Soon R, Salcedo J, et al. Association between prophylactic oxytocin use during dilation & evacuation and estimated blood loss. *Contraception*. 2017: 96(1):19-24.

**Whitehouse KC**, Kim CR, Ganatra B, Duffy JM, Blum J, Brahmi D, et al. Standardizing Abortion Research Outcomes (STAR): a protocol for developing, disseminating, and implementing a core outcome set for medical and surgical abortion. *Contraception*. 2017: 95(5):437-41.

Chen MJ, Kim CR, **Whitehouse KC**, Berry-Bibee E, Gaffield ME (2016). Development, updates, and future directions of the World Health Organization Selected Practice Recommendations for Contraceptive Use. *Int J Gynecol Obstet*. 2017;136(2):113-9.

**Whitehouse KC**, Montealegre JR, Follen M, Scheurer ME, Aagaard K. Sociodemographic factors associated with pap test adherence and cervical dysplasia in surgically sterilized women. *J Reprod Infertil*. 2014;15(2):94-104.

### Evidence-based guidelines

*Medical management of abortion*. Geneva: World Health Organization; 2018.

- Member of evidence synthesis team as a staff and then consultant to WHO

- Contributed substantially to guideline development by performing a large systematic review/meta-analysis on medical abortion above 12 weeks' gestation
- Created evidence-to-decision framework for guidelines development
- Presented findings to Guideline Development Group

*WHO Selected practice recommendations (SPR) for contraceptive use, 3rd edition*, Geneva: World Health Organization; 2016.

- Contributed to the follow-up from consultations organized by WHO for the planning and finalization of updated recommendations in collaboration with colleagues in the Department of Reproductive Health and Research and U.S. Centers for Disease Control and Prevention.
- Contributed substantially to the writing of the SPR guideline

### Other

British Pregnancy Advisory Services: Clinical Guidelines, Policies and Procedures on abortion and relevant reproductive healthcare

Hawaii Department of Health – Women's Health protocols for general practitioners, November 2013: HIV, Syphilis

### **Oral presentations and posters**

#### Oral presentations

Lohr PA, Blaylock R, **Whitehouse KC**, Makleff S. Quality in Abortion Care: Perspectives of Service Users. British Society of Abortion Care Providers, Annual Conference 2020. London, UK.

**Whitehouse KC**, Tschann M, Soon R, Davis J, Micks E, Salcedo J, et al. Effects of prophylactic oxytocin on bleeding outcomes in women undergoing dilation and evacuation: a randomized, double-blinded, placebo-controlled trial. Society of Family Planning, North American Forum on Family Planning 2018. New Orleans, Louisiana, USA. **Selected as a top 4 oral abstract.**

**Whitehouse KC**, Tschann M, Davis, J, Micks E, Soon R, Salcedo J, et al. A randomized double-blinded controlled trial comparing dilation and evacuation outcomes with and without oxytocin use. Oral presentation at University of Hawaii, Department of OB/GYN Resident Research Day, June 2015.

**Whitehouse KC**, Tschann M, Davis, J, Micks E, Soon R, Salcedo J, et al. A randomized double-blinded controlled trial comparing dilation and evacuation outcomes with and without oxytocin use. Oral presentation at Fellowship in Family Planning Annual Meeting, San Francisco, CA, USA, May 2015.

**Whitehouse KC**, Tschann M, Davis, J, Micks E, Soon R, Salcedo J, et al. A randomized double-blinded controlled trial comparing dilation and evacuation outcomes with and without oxytocin use: a protocol. Oral abstract presentation at Fellowship in Family Planning Annual Meeting, Chicago, IL, USA, April 2014.

**Whitehouse KC**, Montealegre JR, Follen M, Scheurer ME, Aagaard K. Sociodemographic factors associated with pap test adherence and cervical dysplasia in surgically sterilized women. Oral presentation at Baylor College of Medicine, Department of OB/GYN Resident Research Day, May 2011.

**Whitehouse KC**, Hoffman J. Erlotinib for the treatment of extramammary Paget's disease of the Vulva, a case presentation. Oral presentation at New England Association of Gynecologic Oncologists, Annual Meeting, Boothbay Harbor, ME, USA, June 2010.

**Whitehouse KC**, Hoffman J. Erlotinib for the treatment of extramammary Paget's disease of the Vulva, a case presentation. Oral presentation at Greater Hartford Area Gynecologic Oncology Research Club, November 2009.

### Posters

**Whitehouse KC**, Shochet T, Lohr PA. Efficacy of a low-sensitivity urine pregnancy test (LSPT) for identifying ongoing pregnancy after medical abortion at 64 to 70 days of gestation. National Abortion Federation Virtual Annual Meeting, USA, May 2021.

Blaylock R, Makleff S, **Whitehouse KC**, Lohr PA. 'Choice' of procedure in abortion care: a secondary analysis of a qualitative study of client's experiences in Great Britain. National Abortion Federation Virtual Annual Meeting, USA, May 2021.

Meurice M, **Whitehouse KC**, Blaylock R, Chang J, Lohr P. Client evaluation of home-use mifepristone and misoprostol at the British Pregnancy Advisory Service during the COVID-19 pandemic. British Society of Abortion Care Providers, Annual Conference 2020. London, UK.

**Whitehouse KC**, Tschann M, Davis, J, Soon R, Salcedo J, et al. Association between oxytocin use during dilation & evacuation and estimated blood loss. Society of Family Planning, North American Forum on Family Planning 2015. Chicago, IL, USA.

### **Other presentations at professional meetings**

#### *Invited Grand Rounds Speaker at Departments of Obstetrics and Gynecology:*

Pain control during office gynecological procedures	University of Hawaii, John A. Burns School of Medicine	Honolulu, HI	June 2015
Contraception controversies and conundrums	University of Hawaii, John A. Burns School of Medicine	Honolulu, HI	July 2014
Second trimester induction of labor abortion	University of Hawaii, John A. Burns School of Medicine	Honolulu, HI	March 2014

Quality assurance: Missing red flags	Baylor College of Medicine	Houston, TX	March 2013
<i><u>Invited CME/CPD lectures at other venues:</u></i>			
Preabortion Clinical Care Suitability for Treatment at BPAS Pain Control during Abortion Abortion Complications Thromboprophylaxis for Abortion	Biannual Clinical Forum British Pregnancy Advisory Service London, UK		November 2020
Dilation & Evacuation Complications	Dilation & Evacuation Masterclass British Pregnancy Advisory Service London, UK		March 2020
Oxytocin during surgical abortion: is it effective for haemorrhage prevention?	Royal College of Obstetrics & Gynaecology Annual Professional Development Conference London, UK		November 2018
Symposium: Research & media attention, a case study	Fellowship in Family Planning, Annual Clinical Meeting San Francisco, CA		May 2015
Postgraduate Course: Contraception Controversies and Conundrums	American College of Obstetrics & Gynecology, Annual Clinical Meeting Chicago, IL		April 2014
<i><u>Invited non-CME/CPD lecturer:</u></i>			
Medical methods for abortion at 12 weeks and above: a systematic review and meta-analysis	Presented for the Guidelines Development Group for WHO Safe Abortion Guidelines on Medical abortion Geneva, Switzerland		December 2017
An update on WHO's work on reproductive health	Represented WHO Preventing Unsafe Abortion group at The Global Fund consultant meeting Geneva, Switzerland		June 2016
An update on WHO's work on preventing unsafe abortion	Represented WHO at North Africa and Eastern Mediterranean (NAEM) sub-regional meeting of FIGO Safe Abortion Initiative Working Group Istanbul, Turkey		May 2016
Update on Abortion Policy in the United States	Women's Council, American Society for Reproductive Medicine, Annual clinical meeting		October 2014

Honolulu, HI

**Professional Workshops/Trainings Attended:**

September 2018	British Pregnancy Advisory Service London, UK	Conscious Sedation: Operator-Sedationist Training Course
April 2017	Word Health Organization, Geneva, Switzerland	Workshop on advanced topics in systematic reviews By Cochrane Comparing Multiple Interventions Methods Group
January 2016	Kings College London Guy's Campus London, UK	UK meeting for ongoing core outcome set developers By COMET (Core Outcome Measures in Effectiveness Trials)
February 2015	New York, USA	Leadership Training Academy: Influential and powerful communication, Managing conflict & challenges By Physicians for Reproductive Health
October 2014	Washington, DC, USA	Leadership Training Academy: Writing and speaking techniques for engagement with news media and politicians on reproductive health issues; lobbied with US congressional representatives on women's health issues By Physicians for Reproductive Health
October 2014	American Society for Reproductive Medicine, Annual Meeting Honolulu, Hawaii, USA	Postgraduate course: Epidemiology and Experimental Design: Using Evidence-Based Medicine to Understand Contraceptive Controversies By the University of Hawaii and the Excellence in Clinical Research Course

**Licensure & Certifications:**

2018-	Medical License	UK General Medical Council, Active (Full)
2018-	Certification	UK Resuscitation Council, Intermediate Life Support
2015-	Fellow of the ABOG	American Board of Obstetrics and Gynecology (ABOG) (Written exam passed 2013, oral exam passed 2015, MOC 2016-2019)
2015-2020	Medical License	State of Texas Medical License

2014-2020	Medical License	State of California, Osteopathic Physician Medical License, Active
2013-2015	Medical License	State of Hawaii Medical License
2012	Certification	Clinical Training Program for Nexplanon Insertion
2011	Certification	Clinical Training Program for Implanon Insertion
2009	Certification	American Heart Association, CPR and Advanced Cardiovascular Life Support (ACLS)

**Professional Memberships & Activities:**

2018-present	Member	European Society of Contraception & Reproductive Health
2018-present	Member	British Society of Abortion Care Providers
2018-present	Member	International Federation of Professional Abortion & Contraception Associates
2017-present	Fellow	American College of Obstetrics and Gynecology
2014-present	Member	Physicians for Reproductive Health
2014-present	Member	National Abortion Federation
2013-present	Junior Fellow	Society of Family Planning
2012-present	Member	Planned Parenthood
2011-present	Member	NARAL Pro-Choice Texas
2009-2016	Junior Fellow	American College of Obstetrics and Gynecology
2005-present	Member	American Medical Association
2005-present	Member	American Osteopathic Association
2005-2009	Member	Medical Students for Choice

**Other Skills:**

Proficient in using R software for statistical analysis